

| Startnr | Name | Verein/*Ort | Netto | Brutto |
|---------|---------------------|--------------------|---------|---------|
| 745 | Dündar Can | 42tausend / NAO PT | 0:30:42 | 0:30:49 |
| 740 | Schröder Michael | GS1 | 0:31:35 | 0:31:38 |
| 742 | Pollmüller Thorsten | GS1 | 0:33:48 | 0:33:51 |

| Startnr | Name | Verein/*Ort | Netto | Brutto |
|---------|------------------|--------------------|---------|---------|
| 746 | Hemmer Inge | 42tausend / NAO PT | 0:29:35 | 0:29:41 |
| 747 | Sommer Sabrina | 42tausend / NAO PT | 0:35:11 | 0:35:19 |
| 748 | Klohr Iris | 42tausend / NAO PT | 0:39:14 | 0:39:21 |
| 749 | La Rosa Manuela | 42tausend / NAO PT | 0:34:01 | 0:34:06 |
| 741 | Schroeder Birgit | GS1 | 0:31:35 | 0:31:38 |
| 743 | Natrop Inga | GS1 | 0:29:27 | 0:29:30 |